

February Focus: Relationships & Support

Because strong relationships matter with others and with yourself.

Contact Us Today!

February often highlights love and connection, but it also can bring up challenges in communication, boundaries, and emotional closeness. Relationship therapy offers a supportive space to work through these experiences with guidance and care.

How Relationship Therapy Can Help



Improve Communication

Learn healthier ways to express thoughts, listen openly, and reduce misunderstandings.



Navigate Life Changes or Conflict

Receive support during transitions, stress, or conflicts with guidance that promotes clarity and balance.



Strengthen Emotional Connection

Build trust, deepen emotional closeness, and create stronger connections over time.

Now Accepting New Patients

New patient appointments are available for those looking to strengthen and support their relationships.



Micheal Gublielmo
Clinical Psychologist

Dr. Gublielmo is a Licensed Clinical Professional Counselor and National Certified Counselor with over 27 years of experience. He specializes in individual and couples therapy, using cognitive behavioral and solution focused approaches to support emotional wellness and lasting change.

[Learn More](#)

Dan Lee
Clinical Psychologist

Dr. Lee is a clinical Psychologist with over 25 years of experience providing individual, group, and family therapy for children, adolescents, and adults. He uses evidence based, integrative approaches to support individuals navigating anxiety, depression, and related concerns.



[Learn More](#)



Take the Next Step

Explore support options and schedule an appointment when it feels right.

Whether you are facing a specific concern or simply looking to strengthen your relationships, therapy can provide guidance and clarity. Appointments are currently available.

Contact Us



Conventions Psychiatry & Counseling

4300 Weaver Pkwy. Suite 100-A, Warrenville, IL, 60555

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